

SOLUGEL[®]
collagen peptides

The natural solution
FOR YOUR HEALTH

SOLUGEL[®] clinical satiety study



PB LEINER
The Clear Solution

BIOACTIVE SOLUGEL® COLLAGEN PEPTIDES

SOLUGEL® consists of high-quality collagen peptides that are obtained from natural sources. By breaking down proteins enzymatically into smaller peptides, bioactive SOLUGEL® is obtained, and this can be easily absorbed by the human body.

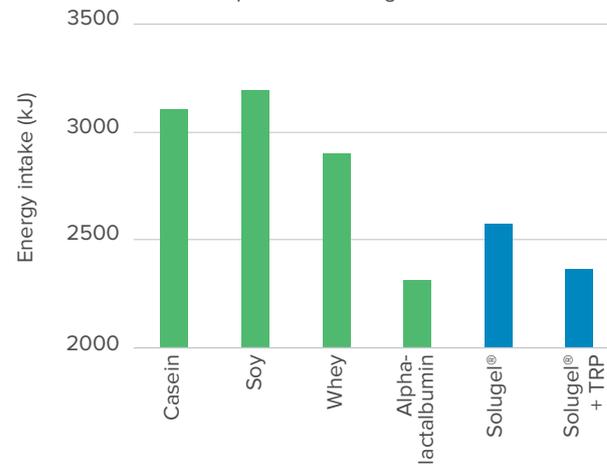
SOLUGEL® promotes long-lasting satiety and delays hunger

Dietary protein plays a significant role in body weight regulation, and one of the main reasons is its effect on satiety.

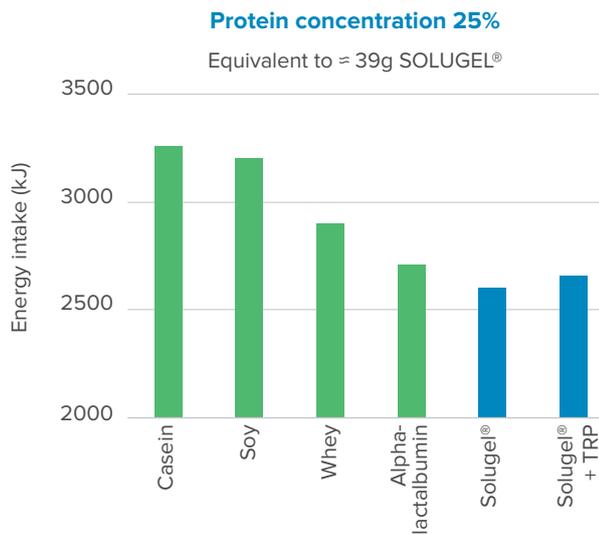
A randomized, single-blind clinical study, conducted with SOLUGEL® collagen peptides, evaluated the satiety effect of different proteins during breakfast and their impacts on the energy intake (EI) at lunch. This involved the measurement of appetite profile (Visual Analogue Scales, VAS) and EI.

Protein concentration 10%

Equivalent to ≈ 15g SOLUGEL®



Results showed that breakfasts containing SOLUGEL® and SOLUGEL® + tryptophan (TRP) helped decrease energy intake (~20%) at lunch compared to casein and soy breakfasts at both 10% and 25% protein concentrations. The reduced energy intake of 20% was related to a ~40% reduction in appetite.



*More information about the clinical study available upon request (info@pbleiner.com).



-20%
energy intake

-40%
appetite

Scientifically proven effects

Scientific evidence shows that bioactive SOLUGEL® collagen peptides outperform other proteins by promoting long-lasting satiety and delaying hunger. SOLUGEL® is the ideal protein source to support your weight management diet. It can be easily integrated into your formulations for protein shakes, protein bars, sports beverages, meal replacement, etc.

SOLUGEL®

collagen peptides



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EMEA & Africa

Marius Duchéstraat 260
1800 Vilvoorde - Belgium
+ 32 2 255 62 21

www.pbleiner.com - info@pbleiner.com



Part of Tessenderlo Group

LATAM & Oceania

Parque Industrial Sauce Viejo
Ruta 11 Km 455
(CP 3017) Sauce Viejo - Santa Fe
Argentina
+54 342 450 11 01

North America

7001 North Brady Street,
Davenport,
Iowa 52806 - USA
+1 563-386-8040

Asia

Room503, NO.329,
TianYao Qiao Road,
XuHui District, Shanghai,
China,
+ 86 21 64360106